Materials List

Please note:
As this is a concepts course rather than a technique class for a specific medium there are no specific requirements - you are free to use whatever you would like.

For all you ‘art supply junkies’: Detailed material discussions can happen in the Class Flickr ‘Foundations group’.

The basic requirements:
- a medium pencil (B or 2B)
- a permanent fineliner pen in three thicknesses (thin, medium and thick)
- some form of colour (watercolour pencils or watercolour paint or coloured pencils or markers)
- paper suitable for your choice of medium (sketchbook rather than loose sheets is encouraged)

Each lesson will include an exercise that is based on an object that can be found in the home. Many of these exercises are line-based and do not need colour. However, if you are like me, you will want to add colour. This is purely up to you! The other exercise is an outdoor prompt and it would be best in most cases to include colour.

I will be demonstrating the use of a range of materials – mostly ink, watercolour and watercolour pencils and working in a sketchbook. Please do not feel there is any need to buy new materials to match mine. I would prefer that you really test and get to know what you already have before you rush out and spend up.

Additional requirements to the ‘Foundations Kit’
- A ‘thin’ and a ‘thick’ black permanent fineliner pen. Thin size = 0.05 or 0.1mm Thick size = 0.8mm
- A brush pen (this is optional!) Either with a felt tip or a bristle tip. Refer to General Recommendations and Advice below for more details.
General Recommendations and Advice

Sketchbooks/Paper
- The choice of paper/sketchbooks is quite dependent on the materials you intend to use.  
- Working in a sketchbook rather than loose sheets of paper is encouraged as it will create a narrative of your work during the course.
- There are many many sketchbooks available - Stillman & Birn, Moleskine, Strathmore, Canson etc.
- You can read more about the ones I use here: [http://www.lizsteel.com/p/sketchbooks.html](http://www.lizsteel.com/p/sketchbooks.html)
- I find the Stillman & Birn Alpha sketchbook is a great everyday sketchbook. It is not watercolour paper but I use a LOT of water and pigment on mine and am happy with the results. It will be suitable for all of the exercises we will be doing.

I will be using two sketchbooks - Alpha sketchbook for the indoor exercises and a watercolour sketchbook A4 size for my outdoor Sydney adventures (either Moleskine watercolour A4 or Stillman & Birn Zeta)

Pencil
- Any brand of pencil will do! B or 2B.
- I currently use a water soluble graphite pencil - details below (but a normal pencil is fine!)

Pens
- Black permanent fineliner pen – 0.3mm is a good general size. Some brands. Unipin, Micron, Pitt (superfine), Zig.
  - A ‘thin’ and a ‘thick’ black permanent fineliner pen. Thin size = 0.05 or 0.1mm Thick size = 0.8mm
  - Or a fountain pen with permanent ink (Carbon Platinum or DeAtramentis Document Ink)

Optional: Brush Pen
As we will be exploring different ‘edges’ a brush pen is good tool to have in your kit, but you do not need to own one to do all the exercises in this course.

Two types:
- Felt tip brush pens (recommended for beginners).
  Suggestions: Pitt Brush Pen, Tombow, Micron Sigma Brush Pen
- Bristle tip brush pens.
  Suggestions with synthetic tips: Pentel Pocket Brush Pen, Pentel Brush Pen, a standard waterbrush filled with fountain pen ink.

Please note: If you want to add watercolour over the top make sure you buy a pen with pigmented ink.

Watercolour Paints
- This is not a watercolour course so I am happy for you to use whatever kit you have - we will be looking at general colour principles which translate to any media.
- I do believe that you should buy the best quality you can afford and I recommend artists quality over student grade.
- There is no need to have a watercolour set at all - please feel free to use whatever form of colour you are comfortable with.

I have listed a recommended basic palette of 6 colours below.
- I use Daniel Smith paint and highly recommend them but have included alternative colours in Winsor & Newton and Schmincke.
- I try to use transparent pigments as much as possible. (ie. I do not recommend the Cadmium colours)
- A full description is on my blog - including links to my 12 colour and 16 colour palette for those that want to go wild! [http://www.lizsteel.com/2014/10/my-recommended-very-basic-watercolour.html](http://www.lizsteel.com/2014/10/my-recommended-very-basic-watercolour.html)
Watercolour Pencils

- These are optional. I will be using them during some of the weekly exercises and my on location sketches during the course but they are secondary to my watercolour paints.
- Any brand or colours is fine: Derwent, Derwent Inktense, Faber Castell, Caran d'Ache, Lyra Rembrandt Aquarell, Prismacolor

Brushes (if you are using watersoluble media)

- A medium or large waterbrush (Zig, Pentel, Niji).
- And/or A No. 6 or 8 Round brush - sable or synthetic.
- I prefer to use a sable brush over a waterbrush but there is no doubt that a waterbrush is very convenient when out on location.

Detailed Listing of Liz Steel’s kit

Pencil
Faber Castell Graphite Aquarelle 2B

Pen
Lamy safari or joy pen with EF nib. De Atramentis Document Ink - black
Pentel Pocket Brush Pen

Sketchbook
Stillman & Birn Alpha - 2 favourite sizes Hardbound 5.5 x 8.5 (A5 portrait) and 9 x 6 (landscape)
Moleskine Watercolour Folio A4 and/or A4 Stillman & Birn Zeta

Watercolours
A full description is here http://www.lizsteel.com/2014/10/my-recommended-very-basic-watercolour.html
Daniel Smith colours:
1. Hansa Yellow Medium
2. Quinacridone Rose
3. Ultramarine Blue
4. Burnt Sienna or Transparent Red Oxide
5. Cerulean Blue Chromium
6. Monte Amiata Natural Sienna

Alternative: Winsor & Newton
1. Winsor Yellow
2. Permanent Rose
3. French Ultramarine
4. Burnt Sienna
5. Cerulean Blue
6. Raw Sienna

Alternative: Schmincke
1. Pure Yellow
2. Ruby Red
3. Ultramarine Finest
4. Translucent Brown
5. Cobalt Cerulean Blue
6. Raw Sienna

Brushes
Rosemary Brushes R2 Pocket Brush Sable #8 http://tinyurl.com/q3woxbu
Pentel Aquash Large Waterbrush

Watercolour pencils
Refer to this post for more details http://www.lizsteel.com/2014/10/watercolour-pencils.html
Faber Castel Albrecht Durer:
Cadmium Yellow 107, Deep Scarlet Red 219, Middle Purple Pink 125, Dark Indigo 157, Ultramarine 120,
Permanent Green Olive 167, Brown Ochre 182, Burnt Sienna 283, Walnut Brown 177, Warm Grey IV 273